

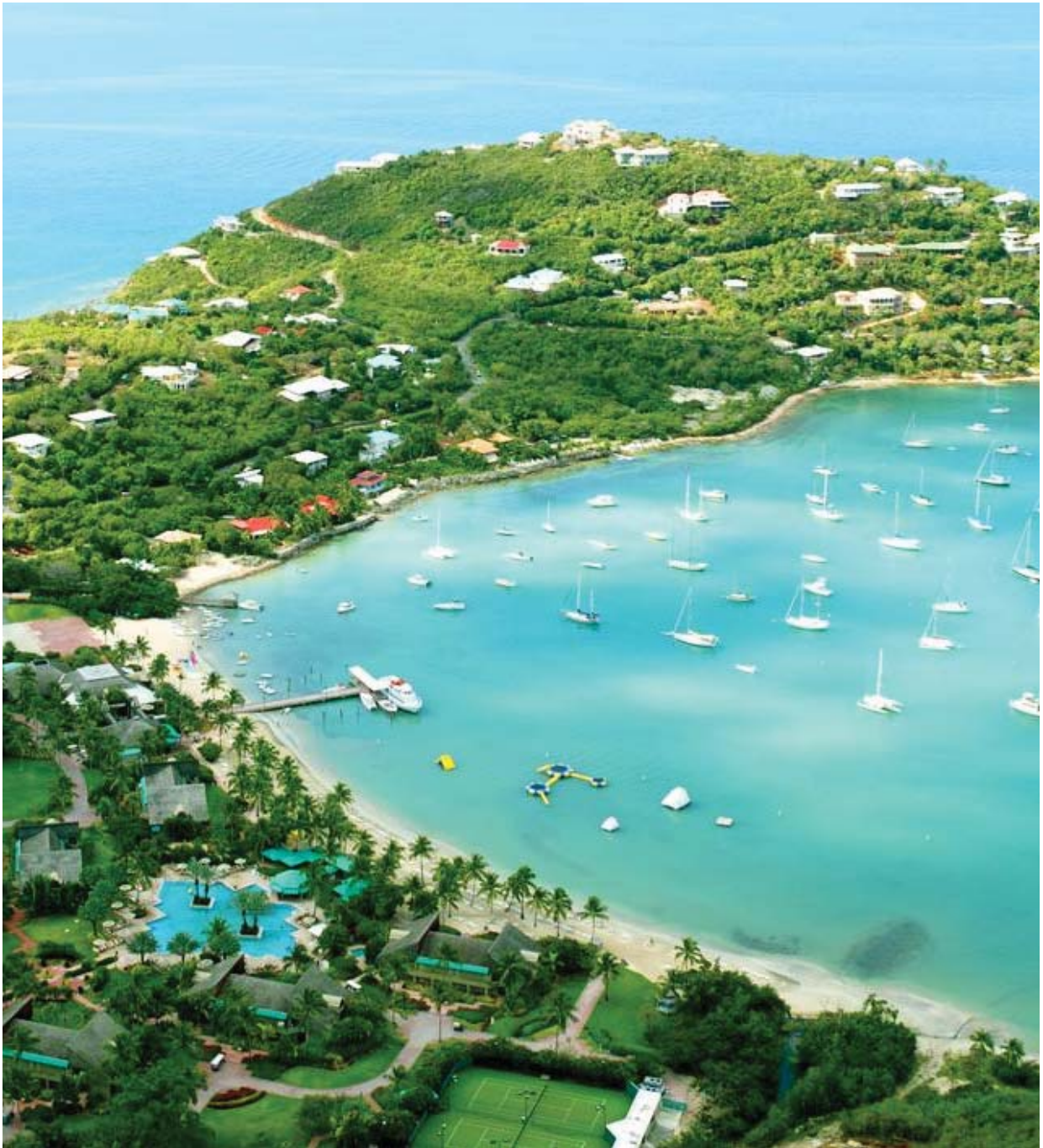
IMAGING WARM-UP IN THE CARIBBEAN

DECEMBER 6-11, 2009 / THE WESTIN ST. JOHN, U.S.V.I.



RADIOLOGY AND
BIOMEDICAL IMAGING
UNIVERSITY OF CALIFORNIA
SAN FRANCISCO





IMAGING WARM-UP IN THE CARIBBEAN

December 6–11, 2009

The goal of this five-day course is to provide the clinical radiologist with a review of topical lectures in diagnostic imaging. Presentations will focus on practical imaging issues in abdominal, ob/gyn, breast, musculoskeletal, thoracic and neuro imaging. Material presented will be case-based, and will cover current clinical practices, recent advances and potential pitfalls. Reviews of pertinent contemporary literature will also be included. Each daily session will end with an opportunity for faculty and attendees to discuss their respective experiences and address clinical challenges and solutions.

At the completion of this course, the attendee should be able to:

1. Review technical considerations for musculoskeletal imaging of normal anatomy, osseous and soft tissue abnormalities, and arthritis.
2. Recognize markers and indications in the imaging of the shoulder, knee and sports injuries.
3. Effectively utilize ultrasound for routine work-ups of the pregnant, non-pregnant and post-menopausal patient.
4. Improve and expand the use of multi-modality imaging within breast imaging, including mammography, ultrasound, MRI and digital mammography.
5. Evaluate and identify pathology of women presenting with breast symptoms, and improve detection and diagnosis of breast cancer.
6. Learn the appropriate uses of CT and MR in evaluation of diseases of the spleen, liver, kidneys and colon.
7. Identify neurological abnormalities and conditions of the head & neck, brain, spine, pituitary gland, seizures and back pain.
8. Optimize use of HR/CT of the thorax to avoid commonly missed diagnoses of the lung and cardiac abnormalities, as well as the significance of nodules detected by CT screening.

Registration

Pre-registration is encouraged to ensure your space in this course and to have a syllabus and CME certificate available on site.

Pre-register by October 9, 2009 and save \$75 on your enrollment fee.

TUITION

\$995 for practicing physicians; \$945 for UCSF Radiology Alumni
\$845 for fellows, residents, sonographers and nurses
(with a letter of verification)

ON-SITE REGISTRATION

Sunday, December 6, 2009 at 7:00 am
The Westin Resort St. John – Great Cruz Bay, St. John U.S.V.I.

We are generally able to accommodate on-site registration at our courses, but some do reach capacity. To inquire about registration status, please call the UCSF CME Registration Office at 415-476-5808.



Course Director

Ruth B. Goldstein, MD

Professor of Radiology
Chief, Ultrasound
UCSF School of Medicine
San Francisco, California

Guest Faculty

William B. Morrison, MD

Associate Professor of Radiology
Chief, Musculoskeletal Imaging
Thomas Jefferson University Hospital
Philadelphia, Pennsylvania

UCSF Faculty

Brett M. Elicker, MD

Assistant Professor of Clinical Radiology

Chris I. Flowers, MBBS

Associate Professor of Radiology

Christopher P. Hess, MD, PhD

Assistant Professor of Radiology

Emily M. Webb, MD

Assistant Professor of Radiology



Accreditation

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

UCSF designates this educational activity for a maximum of 23.75 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The total credits are inclusive of 7.5 in CT, 7.5 in MR, 3.75 in Ultrasound, and 3.75 in Breast Imaging.

This educational activity meets the requirement under California State Assembly Bill 1195, continuing education and cultural and linguistic competency.

PHYSICIAN ASSISTANTS

The National Commission on Certification of Physician Assistants (NCCPA) states that AMA PRA Category 1 Credits™ are acceptable for continuing medical education requirements for recertification.

SONOGRAPHERS This program is approved for AMA-CMA credit and may be accepted toward meeting the continuing education requirements of the Society of Diagnostic Medical Sonographers. This product (service) is not affiliated with or endorsed by ARDMS.

NURSES The California Board of Registered Nursing accepts AMA PRA Category 1 Credits™ toward license renewal. On the BRN license renewal form, report the number of hours you attended and fill in "CME Category 1" for the provider number.

COURSE PROGRAM

SUNDAY, DECEMBER 6, 2009

7:00 am	Registration and Continental Breakfast	
7:30	The Standard Ob Sonogram: How to Stay Out of Trouble	Ruth B. Goldstein, MD
8:15	Breast Calcifications	Chris I. Flowers, MBBS
9:00	Examining the Fetal CNS: Follow the Clues	Ruth B. Goldstein, MD
9:45	Recess	
10:00	Breast Ultrasound	Chris I. Flowers, MBBS
10:45	Cardiac Findings on CT for the Non-Cardiac Radiologist	Brett M. Elicker, MD
11:30	Complications of Early Pregnancy	Ruth B. Goldstein, MD
12:15 pm	Questions and Discussion	
12:30	Adjourn	

MONDAY, DECEMBER 7, 2009

7:00 am	Continental Breakfast	
7:30	Digital Mammography	Chris I. Flowers, MBBS
8:15	How to Use Sonography in the Evaluation of Postmenopausal Bleeding	Ruth B. Goldstein, MD
9:00	Breast Masses and Asymmetries	Chris I. Flowers, MBBS
9:45	Recess	
10:00	Breast MRI: Indications and Interpretations	Chris I. Flowers, MBBS
10:45	Lumps and Bumps in the Head & Neck	Christopher P. Hess, MD, PhD
11:30	Thyroid Sonography: What to Do with All of these Nodules?	Ruth B. Goldstein, MD
12:15 pm	Questions and Discussion	
12:30	Adjourn	

TUESDAY, DECEMBER 8, 2009

7:00 am	Continental Breakfast	
7:30	MRI of Sports Injuries in the Elite Athlete	William B. Morrison, MD
8:15	"Don't Miss" Neuroradiology Cases	Christopher P. Hess, MD, PhD
9:00	Appendicitis and Diverticulitis: A Practical Approach	Emily M. Webb, MD
9:45	Recess	
10:00	Spleen: Everything You Need to Know in Less than an Hour	Emily M. Webb, MD
10:45	MRI of the Knee: Tricks and Tips	William B. Morrison, MD
11:30	Back Pain: Diagnosis and Interventions	Christopher P. Hess, MD, PhD
12:15 pm	Questions and Discussion	
12:30	Adjourn	

Wednesday, December 9, 2009

No formal course program.

THURSDAY, DECEMBER 10, 2009

7:00 am	Continental Breakfast	
7:30	CT of the Lung: Commonly Missed Diagnoses	Brett M. Elicker, MD
8:15	Imaging of Arthritis	William B. Morrison, MD
9:00	Contrast Nephropathy and Nephrogenic Systemic Fibrosis: Separating Truth from Myth	Brett M. Elicker, MD
9:45	Recess	
10:00	MR Arthrography: Direct vs. Indirect	William B. Morrison, MD
10:45	High Resolution CT of the Lung	Brett M. Elicker, MD
11:30	Imaging Evaluation of Chronic Seizures	Christopher P. Hess, MD, PhD
12:15 pm	Questions and Discussion	
12:30	Adjourn	

FRIDAY, DECEMBER 11, 2009

7:00 am	Continental Breakfast	
7:30	CT/MR of Solitary Liver Masses: Problem Solving	Emily M. Webb, MD
8:15	MRI of Shoulder Instability: Tips to Tell Labral Variation from Tear	William B. Morrison, MD
9:00	CT of Colitis: Infection, Inflammation, Ischemia	Emily M. Webb, MD
9:45	Recess	
10:00	Pulmonary Nodules: Lessons learned from CT Screening Studies	Brett M. Elicker, MD
10:45	Lesions In and Around the Sella	Christopher P. Hess, MD, PhD
11:30	Primary Retroperitoneal Masses: An Approach to Diagnosis	Emily M. Webb, MD
12:15 pm	Questions and Discussion	
12:30	Adjourn	



St. John, U.S. Virgin Islands

Almost two-thirds of St. John, the smallest of the three U.S. Virgin Islands, is a national park. This sanctuary for flora and fauna appears much as it did when Christopher Columbus and his crew first sighted the island more than 500 years ago. Its lush hills descend to scalloped bays fringed by blindingly white sand and brilliant turquoise waters. You can enjoy St. John's natural beauty by embarking on trail hikes, coastal walks, birding trips, snorkeling excursions, and other outdoor activities.

More than just a pretty island outpost, St. John is also home to an interesting selection

of shops and restaurants. There are several shopping areas where innovative stores sell everything from chic resort wear and handmade jewelry to antique maps and local artwork. Evenings on St. John move at a graciously slow pace. Dining is casual and relaxed. The most delectable dinners feature fresh fish, grilled, broiled, or sautéed with a subtle sauce. Island restaurants also serve up Creole, Continental, Italian, and Mexican food with flair, and some establishments offer live local bands, which run the spectrum from reggae to jazz.



Westin Resort St. John

The Resort, set on a white-sand beach with a quarter-acre freshwater pool and close to the Virgin Islands National Park, became a Westin property in November 1997. The Resort has 175 guestrooms including direct-dial phones with broadband dataports and in-room safes. The Resort has six tennis courts and golf excursions can be arranged to neighboring St. Thomas Island. The Health Club & Spa offers a wide-range of exercise equipment, saunas and a complete array of massage and spa treatments. Hotel services include concierge desk, car/jeep rental, baby-sitting, laundry/valet services and 24-hour medical service. Four

restaurants plus 24-hour room-service will cater to every appetite.

Most major airlines fly to the U.S. Virgin Islands airport on nearby St. Thomas Island. A water transfer is required to get from the St. Thomas airport to the island of St. John.

Island Transfers

The Westin Resort provides a private ferry directly to the hotel dock which includes shuttle service from the airport to the boat dock in St. Thomas. You may also take the public ferry to Cruz Bay and a taxi to the Westin resort (see page 10 for more information)



Accommodations

340-693-8000 / 888-627-7206

www.starwoodmeeting.com/book/ucsfdec2009

BOOK YOUR HOTEL EARLY

A block of rooms has been reserved at The Westin St. John for this conference. Please use the link (above) or call the resort directly. Mention that you are attending the UCSF Radiology conference to receive these discounted room rates (single/double):

Garden view: \$215

Oceanfront: \$330

Poolside: \$250

Two-bedroom suite: \$780

Ocean view: \$275

Additional Person (each): \$45

Reservations must be made by Monday, November 9, 2009, however, you will want to book early as rooms are likely to sell out before this date, after which rooms will only be offered at the conference rates on a space-available basis only. A credit card number is required to guarantee your reservation.

CANCELLATIONS

Reservations must be cancelled at least 72 hours prior to arrival or a two-nights' stay (plus taxes) will be charged. Daily resort fee: \$20 per room. Local room tax: 8%. Housekeeping fees are \$2.50 per room, per day.

HOTEL AMENITIES

- Health Club & Spa
- Six Tennis Courts
- Quarter-acre fresh water swimming pool
- Wireless internet access at the pool and Lobby & Beach Cafe
- White Sand Beach with Water Sports Center offering sailing, parasailing, snorkeling, kayaks, scuba diving and windsurfing

WESTIN KIDS CLUB

Children, ages 3 to 12 (potty-trained), will enjoy the half-day, full-day and evening programs with a variety of group activities. Costs are: Full-day with lunch: \$60; Half-day with lunch: \$40; Half-day, no lunch: \$30; Evening with dinner: \$50. Two one-hour sessions are also available for \$15, specifically designed for those parents who want to work out at the spa: 9-10 am and 1-2 pm. Babysitting services are also available for children of all ages.



Air Travel

UCSF Radiology has negotiated special fares with American and United Airlines for radiology course attendees. You may use the following tour codes to book on your own:

<i>Airline</i>	<i>Contact</i>	<i>Code</i>
American	800-433-1790 www.aa.com	20336 A21D9AA
United	800-521-4041 www.united.com	577LN 577LN



Airport Transfers

Arriving at the St. Thomas airport, guests have two options for transportation to the Westin St. John:

WESTIN TRANSFER PACKAGE

Be sure to pre-book your transfers when you call the hotel. Flight information is required to book this service.

Transfer rates are: \$100 per adult, \$85 for children 4–12 years of age; children 3 years and under are complimentary. Includes round-trip transportation to/from the St. Thomas airport, tips and luggage handling; as well as unlimited shopping trips to St. Thomas Crown Bay Marina during your stay. Guests are greeted at the Airport Westin Lounge in the baggage claim area. They are then transported to the waterfront where they will enjoy a 40-minute boat ride directly to the Westin Resort dock (luggage is automatically transferred to your room).

PUBLIC FERRY TRANSPORTATION

The Public Ferry operates daily between Red Hook, St. Thomas and Cruz Bay, St. John. The ride takes 15 to 20 minutes. There is a baggage fee of \$2 per bag on the ferry. Take a taxi to Red Hook and then buy a ticket aboard the public ferry to St. John. Once in St. John (Cruz Bay), take a taxi to The Westin Resort.

